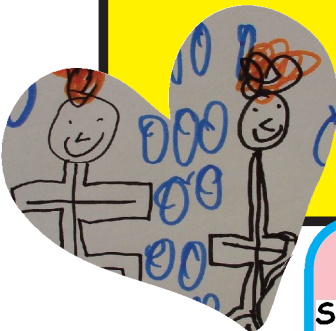


Kungkaku Yangupalaku Healthy Relationships Project

News

Date- Dec 2008



Ngaanyatjarra Health Service is working in partnership with The Shire of Ngaanyatjarraku, to implement a comprehensive community based young people's Sexual Health program.

Kungkaku Yangupalaku Healthy Relationships Project will be based on the 12 communities of the Ngaanyatjarra Lands.

This health promotion project aims to increase healthy relationships by empowering young people to make informed decisions and reduce risk taking behaviour, while improving access to sexual health care and related services.

The Taster Tour
First Trip to the
lands
October 2008

Communities visited
Warakurna,
Wannan,
Warburton,
Jameson,
Blackstone and
Wingellina.

The Sexual Health
team and new Youth
Health Educators
introduced and
discussed the new
project,
met and greeted
community
members,
Clinic staff,
Shire Youth team,
local police and
services.

**New Youth
Health Program
Begins!**
Meet Youth Health
Educator on
page 2

The Sexual Health Team will be coming to each community to work out how to provide these workshops:



10-14 (based on FPWA Mooditj)
15-19yrs (Based on PASH FPWA)
13-16yrs (targeted reproductive and safe sex health)
20-25yrs- Big Brother Little Sister- Peer education

There have been 3 Mooditj camps in the past on Ngaanyatjarra lands, one at

Ngaturntharra near Blackstone, New Beale, and old Wanarn. We will continue to use the Mooditj programme - we call it **Kurrurnpa Rapa Nyinarnatjaku** (Sitting-down together, sharing/talking stories & growing strong in Self). Mooditj was developed by FPWA (Family Planning WA), it looks at healthy relationships, puberty and protective behaviours. It includes lots of fun interactive ways of learning like games, art and drama.

We will be creating a reference committee for the project & would love to hear from you if you are interested in being involved in anyway, please contact us .

Nanuma-Sexual Reproduction Health Programme Coordinator
annie.tangey@nghealth.org.au 89501737

Shelley - Youth Health Educator

shelley.hewson@nghealth.org.au 8950 1759

Male Youth Health Educator - Recruiting

Waka-Watiku (Men's) Health Coordinator

pwilliams@nghealth.org.au 89501751



Staff Profile

Name: Shelley Hewson

From: Melbourne

Last Job: Drug & Alcohol Worker

Favourite Colour: Rainbow



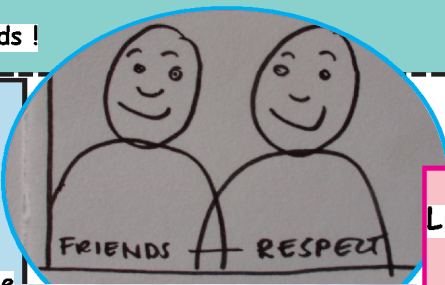
Comment - Im really excited to be working on Ngaanyatjarra Lands and with the young people out there. I've got things to learn and things to share and I hope together we can make the Kungkaku Yangupalaku Project the best ever !!

See you out on the lands !

Jan 2009
Shelley will be in Warburton in January running Kungka Workshops. Young girls will be invited to come along & join in the self identity workshops and get a chance to have fun doing "kungka" stuff -pedicures, bead making and art
Imala from the Shire will also be there to help out and run some other fun stuff, so come along & join in!

We are currently recruiting for a Male Youth Health Educator to team up with Shelley.

Watch this space as the next Kungkaku Yangupalaku Healthy Relationship Project's News will introduce who the mystery man will be!



Listening to the Voices of Youth

WA Sexual Health & Blood Borne Virus Forum 2008

Julie Porter, Waka and Shelley all attended the two days of fun, learning and networking in Perth with the Family Planning crew. The forum had a youth focus, with programs about engagement tools for young people and sharing ideas and stories from around WA. Also the latest stats for STI's/BBV's. The Sexual Health team also got a chance to strut their talent in the drama and music tasks. Alas no photos were taken to prove just how talented we are!!

How will we know, how we are doing ? Evaluation!

NHS's "Kungkaku Yungupalaku Healthy Relationships Project" is one of 6 "Improving Sexual Health of Aboriginal and Torres Strait Islander Youth Demonstration Projects" funded across Australia.

AIHW (Australian Institute of Health and Welfare) are evaluating the projects. Together we have been working out indicators and evaluating methods and tools for the project.

Warakurna Mooditj Experience!

Mooditj modules were run at Warakurna Campus by Waka in early December. Fun was had by all involved!

Each participant received a hygiene pack including the ever important "hair gel" !

November 2008

Waka and Roy visited Kwiirrkurra. A BBQ was held to inform community members about the Healthy Relationships project.

